

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant
Grantee One Page Summary



Wittenberg University

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM SUMMARY

Our first objective is to promote social connectedness through intentional mental health programming. This objective will be measured based on overall attendance at events and through end of semester reports given by students. Students will be offered the option to provide personal evaluations at the end of programs as well as individual comments to be monitored through our Student Development comment cards (which are offered in all counseling staff member emails). Additionally, our office will be able to work with Student Development and the Provost Office to monitor overall retention evaluations and statistics. Our overall goal for this objective would be to see an increase in student reports about improved feelings of belonging and connectedness on campus.

Our second objective is to increase help-seeking behaviors in students. This objective will be measured through our office scheduling system, Titanium. Through the usage of Titanium, we will be able to track attendance reports for all appointments, groups, workshops, and outreach programs. Additionally, facilitators of individual groups, workshops, or other programs will be able to make personal reports on attendance and participation by students. Similar to the first objective, we also will be able to measure and evaluate help-seeking behaviors, as well as make adjustments as needed, through the use of comment cards students will be able to fill out. Our office has also implemented a new system for requesting special programs with JotForm. The desired impact of this objective will be to track the increase in appointments or outreach requests, while also monitoring the decrease in crisis or other noted concerning behaviors as reported in university CARE and Behavior Intervention Teams.

The third objective for our office would be to see an increase in self-reported development of life skills. Specifically, we will be exploring an increase in life skills through the use of self-care methods and other individual coping skills. We will be able to measure this based on student participation in self-care activities and skill building workshops. Additionally, students will be provided opportunities to share their personal history with self-care. Students will be offered opportunities to provide personal evaluations following the end of workshops and special programs. Facilitators will also be able to complete personal reports of student attendance and participation to assist in measuring skill development. The desired impact of this objective will be to note an overall improvement in student life skill development based on student reports and facilitator observations.

Event Details	Attendees
Mental Health Awareness Week	Estimated 300
Minds Like Mine	7
Shades of Sisterhood	26

OUTCOMES