

# Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee One Page Summary



## Wayne-Holmes Mental Health and Recovery Board

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

### PROGRAM SUMMARY

This project is a collaboration between the College of Wooster (CoW) and the Wayne-Holmes Mental Health and Recovery Board (WHMHRB).

The primary objective is to maintain and expand the availability of Question, Persuade, Refer (QPR) Gatekeeper Trainings on campus to ensure a continued awareness of mental health. The College of Wooster has shown a commitment to this in the past and wants to expand and continue this training with various student groups. These funds will allow for 3 additional people (one from COW, and two from the WHMHRB) to become certified QPR Gatekeeper Training instructors. These 3 people will commit to providing 3-4 trainings on campus from October 2021-June 2022. Our goal is to train 100 students, faculty, and other staff in the QPR Gatekeeper Training. We will conduct a pre and post training test to evaluate the effectiveness of the training.

The second objective is to increase the knowledge and awareness on campus about resources to assist students who will refer to or need mental health support. The grant will help fund printing of materials and promotional items to broadly share information about available resources, including referring students to resources on campus such as TimelyCare: Telehealth for Scots, a platform that provides free counseling, medical, health coaching, and psychiatric (with referral) services to CoW students. All materials and promotions will include a strict commitment to safe and effective messaging for suicide prevention.

### OUTCOMES

Event Description	Student Participation	Faculty Participation	Staff Participation
3 people completed the QPR Gatekeeper Trainer Certification Course.	1	1	1
The 3 certified QPR instructors led QPR Gatekeeper Trainings on the College of Wooster campus.	100	3	3
Increase the knowledge and awareness on campus about resources to assist students who will need mental health support.	Estimated 2000	Estimated 100	Estimated 100