

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant
Grantee One Page Summary



Ursuline College

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OBJECTIVES

- To train 60 students and 60 faculty and staff between the two colleges in Mental Health First Aid and/or QPR Suicide Prevention training.
- To reach 1,000 students between both colleges through distribution of printed materials, and tabling.
- The longer-term, more wide-ranging impact that we hope to see is that students, faculty, and staff on both campuses are better able to recognize the signs of a mental health crisis, including suicidal ideation, and are better equipped to respond. We also hope that students will be able to better recognize early warning signs in themselves and feel more comfortable seeking help.

OUTCOMES

With the support of the grant, we were able to do 4 joint trainings for our campus communities:

- 2 Mental Health First Aid trainings
 - 1 for students
 - 1 for faculty and staff
- 2 QPR Suicide Prevention trainings
 - 1 for students
 - 1 for faculty and staff

Outreach/Education	Audience	Attendees
Mental Health First Aid	Ursuline and Notre Dame Undergraduate Students	21 Students <ul style="list-style-type: none"> • 17 Ursuline • 4 Notre Dame
Mental Health First Aid	Ursuline and Notre Dame, Faculty, Staff and Graduate Students	14 Faculty/Staff <ul style="list-style-type: none"> • 10 Ursuline • 7 Notre Dame
QPR Suicide Prevention Training	Ursuline and Notre Dame Undergraduate Students	17 Students <ul style="list-style-type: none"> • 17 Ursuline
QPR Suicide Prevention Training	Ursuline and Notre Dame, Faculty, Staff and Graduate Students	17 Faculty/Staff/Grad Students <ul style="list-style-type: none"> • 17 Ursuline
Ursuline Tabling Events (4)	Ursuline Students, faculty and Staff	195 Students/Staff <ul style="list-style-type: none"> • 192 Students • 3 Staff
Stress Less Fest	Ursuline Students	171 Ursuline Students
Notre Dame Tabling Event (1)	Notre Dame Students	80 Notre Dame Students
Mailing to Students Home	Ursuline Students	927 Ursuline Students

"The most helpful part of the course was learning how to speak to individuals having a mental health crisis or challenge. This was the most helpful because it taught me how to deescalate situations I previously would not have known how to."