



Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee One Page Summary

THE UNIVERSITY OF TOLEDO

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OVERVIEW

The University of Toledo has a Title IX office for reporting and supportive measures, however due to financial challenges the university no longer provides on-site sexual assault and domestic violence advocacy. The absence of advocacy on campus added a barrier for a vulnerable population to gain valuable support, care, and resources. This project focused on implementing a campaign for help seeking measures regarding mental health, suicide prevention, and support for survivors of abuse. To approach this task a collaboration with the Toledo YWCA was formed. Developing a partnership with the local YWCA was a successful endeavor for the university and survivors of abuse. The YWCA provided up to two days a week of on-site hours to increase accessibility and availability of advocacy services at no charge to the students or the university. Within the project year the YWCA served 8 unique individuals in advocacy on site providing support, resources, and information.

OUTCOMES

Goal One: Extend STAR programming to address individuals at high risk for suicide with special emphasis on individuals that are survivors of intimate and sexual violence by increasing awareness, removing barriers to care and increasing access to support. Goal one we met as described below.

Activity Description	Attendees
Two days a week Fall 2024 One day a week/on call Spring 2024 - YWCA staffed on site hours 2 days a week at the Counseling Center in Fall 2023 and one day a week for the beginning of spring. This shifted to an on-call model due to staffing loads for the remainder of the academic year. Eight individuals were served during this year.	8
10.12.2023 - Hosted tabling for awareness and access to advocacy services. Introduction to campus tabling.	50
10.16.2023 - Hosted tabling for awareness and access to advocacy services. Introduction to campus tabling.	50
10.19.2023 - Hosted tabling for awareness and access to advocacy services. Introduction to campus tabling.	14
10.23.2023 - Hosted tabling for awareness and access to advocacy services.	24
10.23.2023 - Tabling at faculty, staff, student, community Wellness Dash - awareness and access to advocacy services.	100*
June - The Counseling Center hosted tabling at the university sponsored Rocket Launch events for new students and their families. Each tabling event was exposed to at least 100 students per event with an average of 50 students engaging with the UCC table.	550*
10.03.2023 - Hosted One "One Love" training on escalation of abuse.	1

Goal 2: Promote STAR program prevention and help seeking messaging to student leaders, residence life, international, and BIPOC students through audio visual aids to be incorporated into counseling center promotions and trainings.

Goal two posed to be more difficult to implement in this grant cycle. The university underwent a marketing shift to rebrand the university and thus was unable to create new branding materials We were able to re-engage with the previous production company from our 2021 grant and begin the development of new materials. The project will be completed in FY25 with assistance of additional funding from the Ohio Department of Higher Education Behavioral Health grant.

Goal 3: Continue to develop staff knowledge and awareness for prevention and treatment of mental and emotional concerns.

6 graduate student trainees and 2 full time staff attended the Depression on College Campuses conference in March 2024.