

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee One Page Summary



University of Toledo

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM SUMMARY

This grant will address the need to implement bystander intervention training on suicide prevention. In addition, efforts to destigmatize mental health among college students and help seeking is necessary. Special attention will be included to address and engage student leaders, resident advisors, international, and BIPOC students. The *Rocket STAR* (**Seek** information, **Talk** to peers and professionals, **Ask** about suicide, and **Refer** to resources) program is an interactive bystander program utilizing theatre to demonstrate scenarios of students in distress, ways to support, and resources to refer and offer in times of distress. This program aims to demonstrate what distress looks and sounds like amongst students, how one can approach and support a peer or student, and how to assist in connecting them to safe resources.

OUTCOMES

Event Description	Student Participation	Faculty Participation	Staff Participation
Filmed 4 videos including 3 scenarios and 1 campaign video	17	2	4
Virtual presentation and first showing of suicide prevention campaign and training video	5	6	19
Promote STAR program prevention and help seeking messaging to campus partner to bring awareness of project and prevention information.	5	6	19

Challenges

This project experienced challenges in getting campus funding and support to better elevate the mission and drive the project. We additionally, encountered challenges with the timeline in getting work done during the school semester, but navigated this by filming the week after finals, which worked better for all parties involved. At present, one campus community viewing has occurred virtually with 33 attendees. A committee has been formed to host a campus event in Fall 2022 to share the main campaign video with faculty, staff, and students at a large mental health evening event.

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“Three additional videos on how to ask about suicide were filmed to assist in navigating this difficult dialogue. The actors selected portrayed a diverse campus regarding gender identity and race/ethnicity to better engage campus members and reflect the community to which it targets.”