

### The Campus Connection

Keeping Ohio's campuses and communities of learning connected quarterly.

December 2023

2nd Edition





## Adolescent Behavioral Health Stark County Collegiate Mental Health Fairs Stark County Collegiate Mental Health Fairs

Child and Adolescent Behavioral Health (C&A) is a non-profit, full service, trauma-informed mental health organization specializing in the emotional and behavioral needs of children, adolescents, young adults and their families in Stark County, Ohio. For the past few years, C&A and their fellow community partners have been seen on campuses all over Stark County during the Fall semester. As an organization their mission is to educate students about resources available in the area, especially for students who attend campuses from out of state.

C&A is collaborating with every institute of higher education in Stark County (Aultman College of Nursing and Health Science, Kent State University - Stark Campus, Malone University, University of Mount Union, Stark State College, and Walsh University) and many organizations throughout the community to conduct collegiate mental health fairs and provide yard signage for each campus which includes important resources and positive messaging. Students and university leadership are always grateful to have these community partners on campus. C&A has engaged in a variety of wellness activates, such as Resiliency Jenga. Resiliency Jenga provides a mechanism for students to decode messages of hope and resiliency by agitating large blocks with positive messaging enclosed, activities similar to this are a great way to involve students in a meaningful way, while also having important conversations about mental health. According to Dan Mucci, Mission Advancement Director, "each campus is unique and has their own challenges and also opportunities", which is why C&A prioritizes working with campuses individually to schedule and market these fairs as the schools know their campuses and students best. In 2023, these collegiate fairs reached about 650 students and 42 faculty and staff. C&A offers the following advice for campus-community partners looking to host similar events "I) get as many partners in the room as possible, 2) schedule regular meetings to ensure planning is staying organized and on track, and 3) encourage campuses to reach out to local community partners that are more relevant to their campuses in addition to the core group of community partners that will attend each fair. C&A is very thankful for each of their partners that make this program possible each year and are already hard at work planning for the 2024 Stark County Collegiate Mental Health Fairs!

#### **Announcing the FY24 Campus-Community Collaborative Grantees**

Congratulations to this fiscal year's cohort! We look forward to collaborating with each of you to promote mental health and prevent suicide on Ohio campuses.

# Congratulations to the FY24 Campus-Community Collaborative Grantees Child & Adolescent Behavioral Health Improving Lives Since 1976. Child guidance & family solutions Critical County Child State University





NAZARENE UNIVERSITY









Cleveland State University

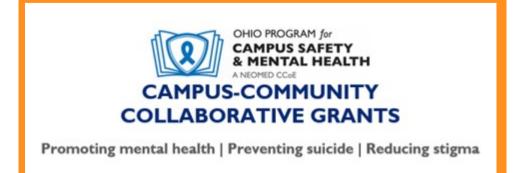
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·Central State University
·Child and Adolescent Behavioral Health
·Child Guidance & Family Solutions
·Cleveland State University
·Cuyahoga Community College (Tri-C)
·Mental Health & Recovery Board of
Wayne & Holmes Counties
·Mount Vernon Nazarene University

·NAMI Richland

·NAMI Southwest Ohio
·Rhodes State College
·Rio Grande University
·Stark State College
·Terra State Community College
·University of Toledo
·Ursuline College
·Wittenberg University
·Wright State University

Check out what previous grantees have implemented here!





### **Self-care Tips for the Holidays!**

- Set reasonable expectations for yourself and others
- Regularly practice gratitude
- Make time for relaxation and reflection
- State 3-5 positive affirmations each day
- Take care of your physical health too! Be active, stay hydrated,
  & make sure you're getting enough sleep every night
- Take a break from social media

### **Current & Upcoming Funding Opportunities**

Please see the table below for a list of current and upcoming funding opportunities available to assist institutions of higher education, non-profits, state agencies, and college students.



Funding Opportunity	Closing Date	Award Ceiling
Capacity for Prevention Stipend	January 12, 2024	\$3,000
2024 Road to Zero Community Traffic Safety Grants	January 14, 2024	\$200,000

### **Training Opportunities**

Please see below for a list of upcoming in-person and virtual training opportunities.



Event	Description	When & Where
Ohio Program for Campus Safety and Mental Health Webinar Series	Be sure to check the OPCSMH Webinars <u>page</u> for newly announced webinars each month during the academic year!	Zoom
<u>Depression on College Campuses</u> <u>Conferences</u>	The Frances and Kenneth Eisenberg and Family Depression Center has been home to the Depression on College Campuses Conference for more than 20 years. The annual event hosts attendees from over 50 colleges and universities from across the nation for a focused review of recent research and practical advances in our understanding of mental illnesses in college students.  Tickets now on sale. Early bird pricing available through January 15, 2024.	March 12-13, 2024 Rackham Graduate School   Ann Arbor, MI
2024 Annual Higher Education Suicide Prevention Coalition Conference	The call for presentations for the 2024 HESPC Conference in now open! All submissions are due by 1/12/2024.	May 16-17, 2024 The William Pitt Union – 3955 Fifth Ave, Pittsburgh, PA 15260
Public Health Vending Machines	Join the Great Lakes Rural Opioid Technical Assistance Regional Center for a webinar about an innovative way to reduce the harms of substance use and overdose: public health vending machines. These machines provide the community with access to harm reduction supplies, including sterile injection equipment, naloxone, and drug testing strips. This webinar will describe the state of the science on public health vending machines.	Zoom January 8, 2024 I I:00am

Event	Description	When & Where
OhioMHAS Trauma-informed Training Series	In collaboration with the Ohio Association of County Behavioral Health Authorities (OACBHA), the Ohio Department of Mental Health and Addiction Services (OhioMHAS) is offering a Trauma Informed Care Training Series focused on evidence-based practice and skill building.	Asynchronous Virtual
SPFing Your Way Through Problem  Gambling Prevention	During this workshop, participants will learn about the problem gambling service system in Ohio and review problem gambling data to identify a problem of practice to help guide local prevention programming. The Strategic Prevention Framework (SPF) will be reviewed including assessing the nature and extent of problem gambling and related behaviors, risk and protective factors that influence these problems and behaviors, and existing resources and readiness of their communities to address its problems.	December 19-21, 2024 9:00am-3:30pm EST each day via Zoom

Does your organization have a training or funding opportunity occurring between March 2024 and May 2024? Contact us at <a href="mailto:opcsmh@neomed.edu">opcsmh@neomed.edu</a> so we can share it in the next quarterly OPCSMH Newsletter!

Be sure to sign up for the Ohio Program for Campus Safety and Mental Health listserv to stay up to date on new training opportunities, events, and funding opportunities!

Find previous editions of The Campus Connection here!

