



Work Retreats with Good Works
Weeklong Schedule

Northeast Ohio Medical University

Leaders: **Harmony Stanger**

Phone: 330-325-6719

Group Members: 20 students max

Schedule

Monday, April 8th

- 5pm-9pm Arrival and Orientation
- 6-9 Grocery Shopping
- 11:00 Lights Out

Tuesday, April 9th

- 8:00 Wake Up
- 8:30 Morning dialogue with GW staff, brief in on service opportunities
- 9-12 Morning Service Opportunities
(On most days this will include a variety of different options, we might be mowing at one neighbors' home, helping fix a roof at another's, gardening with a third, and so on----students will have the liberty to work with and meet a variety of different neighbors over the course of the week)
- 12-1 Lunch
- 1-4 Afternoon Service Opportunities
- 5:00 Two group members depart for an evening at the Timothy House (our home for people without homes)
- 6(ish) Dinner *(you have some flexibility to do this when you like)*
- 7:30 *Typically on Tuesdays groups will meet our founder and executive director for a conversation at the Timothy House to hear about his stories and experiences serving people in poverty in SE Ohio*
- 9:15 Return from the Timothy House to the Hannah House, gather together for a time of group reflection
- 11:00 Lights Out

Wednesday, April 10th***

- 8:00 Wake Up
- 8:30 Morning dialogue with GW staff, brief in on service opportunities
- 9-12 Morning Service Opportunities

- 12-1 Lunch
- 1-4 Afternoon Service Opportunities
- 5:00 Two group members depart for an evening at the Timothy House (our home for people without homes)
- 6(ish) Dinner (*you have some flexibility to do this when you like*)
- 9:15 Return from the Timothy House to the Hannah House, gather together for a time of group reflection
- 11:00 Lights Out

*** On Wednesday afternoons we have also allowed for groups to take the day as an "excursion" day starting after lunch. Groups have enjoyed going for hikes or visiting and learning from other local orgs during this time, let's talk about this***

Thursday, April 11th

- 8:00 Wake Up
- 8:30 Morning dialogue with GW staff, brief in on service opportunities
- 9-12 Morning Service Opportunities
- 12-1 Lunch
- 1-4 Afternoon Service Opportunities
- 5:00 Two group members depart for an evening at the Timothy House (our home for people without homes)
- 6(ish) Dinner (*you have some flexibility to do this when you like*)
- 8(ish) Friday Night Life Orientation
- 9:15 Return from the Timothy House to the Hannah House, gather together for a time of group reflection
- 11:00 Lights Out

Friday, April 12th

- 8:00 Wake Up

8:30 Morning dialogue with GW staff, brief in on service opportunities
9-12 Morning Service Opportunities
12-1 Lunch
1-4 Time to prepare for Friday Night Life meal/Free time
4 Friday Night Life set-up begins
4:30-7:30 Friday Night Life
7:30-8:30 Debrief and closing reflection time
11:00 Lights Out

Saturday, April 13th

8:00am Clean-up and Departure

People you will serve and projects you will do: Neighbors Helping Neighbors:

Ella Holley: Floor Repair- *Ella has been connected to Good Works for many years. She has volunteered through Transformation Station with her friend Bob. We help her with a garden on her property. She has participated in Senior Friends in which people visit her.*

Vickie Miller: Power-washing Deck, Yard Clean-up - *Vickie is a widow, her husband died 4 years ago, Vicky and Billie Jo Misner another Neighbor we serve enjoy spending time together as they are cousins. Vickie has a cat named Silver. She struggles with reading and writing. Please be sensitive to this.*

Johnny Woolum: Gravel for Driveway - *Johnnie lives in the village of Glouster, Johnnie is getting to an age where he can't do as much himself. He is one of our newer neighbors so we are looking forward to getting to know him.*

Sue Lowry: Trailer Roof Repair - *Sue is a sweet friend of ours. She lives in New Marshfield, she has a puppy named Gizmo that she loves to spoil. She loves to visit and hear about other people's stories.*

Pam Rosser: Tree Removal – *Pam is a former Good Works volunteer who is currently experiencing health problems with her knees. As a result she needs assistance maintaining her property. A tree has fallen on her land and she needs help cleaning this up.*

Good Works Gardens:

In addition to the garden we operate on the Good Works Property, our community also assists families and individuals throughout the county in maintaining their own home gardens. On a given year we are supporting an additional 15-20 gardens in the county by providing some of the physical work associated with growing fruits and vegetables. This is a gift to our neighbors who value having their own garden, but because of health or age, may find that the physical demands of keeping a garden are too great.

During your time with us you may have the opportunity to join Good Works staff and other volunteers in visiting these neighbors and helping them to grow healthy food for themselves, their families and their neighborhoods.