

OHIO PROGRAM for CAMPUS SAFETY & MENTAL HEALTH A NEOMED CODE

## OPCSMH 2023-2024 Webinar Series

## INCREASING BEHAVIORAL HEALTH ACCESS: IMPLEMENTING STEPPED CARE MODELS TO DECREASE BARRIERS AND USE RESOURCES EFFECTIVELY

With ever-growing student mental health and the well-being needs in the new hybrid context, many campuses are offering a plethora of resources across multiple modalities. This presentation will analyze the benefits of implementing an integrated steppedcare model to better support student mental health and wellbeing by decreasing barriers and matching students with appropriate levels of care. The presentation will highlight successes, lessons learned, and replicable insights that can be implemented on campuses.

## TIME

January 30th, 2024 12:00pm-1:00pm EST

## SPEAKER

Nathaan Demers, Psy.D. Licensed Clinical Psychologist Director of Strategic Partnerships, Mantra Health





Questions? Contact us at opcsmh@neomed.edu

