

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee One Page Summary



Southwest Ohio

National Alliance on Mental Illness (NAMI) Southwest Ohio (SWOH)

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OBJECTIVES

NAMI SWOH will present at least 25 in-person or virtual (synchronous) **In Our Own Voice (IOOV) presentations**.

Content Focus:

- Recognizing the warning signs\symptoms of mental illnesses and suicide ideation
- Information on treatment and recovery
- Provide pathways to building healthy life skill.
- Gives attendees a personal perspective about mental health
- Educates participants that with the right healthcare and support, mental health conditions can be managed

NAMI SWOH will present at least 3 in-person or virtual (synchronous) **Language Matters presentations**.

Content Focus:

- Recognition of language that perpetuates misinformation and mischaracterization
- Provides replacement language that can neutralize stigmatizing characterizations

NAMI SWOH will participate in at least 3 **Health Fairs**.

Focus:

- Informational materials about mental health conditions
- Resources for support
- Expose students to resources that might lead them to seek out assistance or additional information

HIGHLIGHTS

NAMI Southwest Ohio directly reached 924 students, staff, and faculty at different colleges and universities around Cincinnati with the help of 36 (33 In Our Own Voice and three Language Matters) presentations.

NAMI SWOH surpassed their projection and delivered 33 In Our Own Voice, 3 Language Matters presentations and participated in 3 Health Fairs.

NAMI's signature program, **Ending the Silence** was presented to a University of Cincinnati class of School Counselors and Grad students who are Teaching Assistants. NAMI SWOH was invited to talk about NAMI's advocacy role to two Mental Health Policy classes at the University of Cincinnati and Wilmington College. NAMI SWOH was also able to participate in three in-person events held on the campuses of Xavier University and the University of Cincinnati.

"Quantitative evaluation data results indicated that 90% learned information that was helpful to them, 98% felt that the presenters communicated well and 96% would recommend the presentation to others. Additionally, a little over 90% feel after listening to the presentation that recovery from a mental illness is possible."