

Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant Grantee One Page Summary



Mental Health Addiction and Recovery Services Board of Lorain County

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

PROGRAM OBJECTIVES

Provide Question, Persuade Refer (QPR) Gatekeeper Training

- 5 Faculty members
- 1 Security member
- 2 Counselors
- 1 Advisor for Active Minds

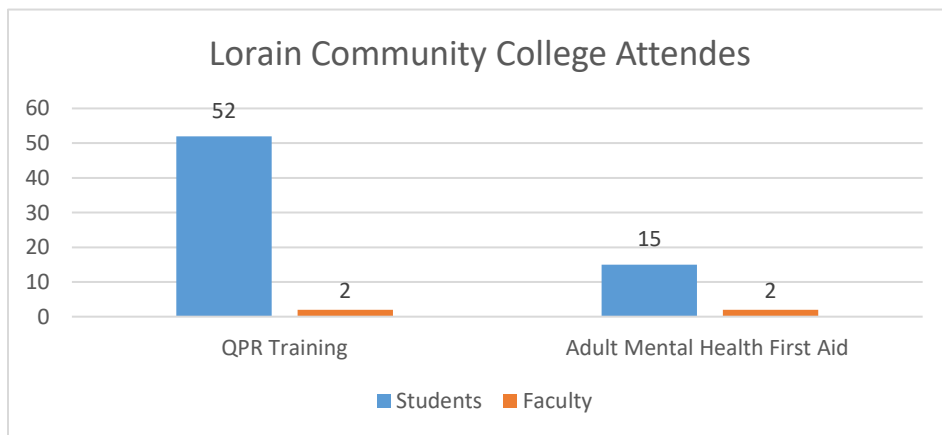
Training for Mental Health First Aid – Train the Trainer

- 1 Board Affiliate

The trainer for Mental Health First Aid will complete quarterly reports highlighting accomplishments/barriers to implementing this training with faculty and staff that aligns with OPCSMH reporting requirements. This report will keep track of the total number of staff trained in Mental Health First Aid. We predict a 10% increase in referrals to the mental health counseling services. We will compare 2020-2021 school year referrals to the 2021-2022 implementation year referrals. Train student leaders in Question, Persuade, Refer (QPR) Gatekeeper Training and Mental Health First Aid. The student leaders who are in Active Minds and other student organizations will benefit from these training sessions due to the constant contact with other students.

OUTCOMES

The graph below depicts the number of additional students and staff that were trained in QPR and MHFA.



Additional Data

- 54 individuals at Lorain County Community College received QPR training.
- Of those 54, 8 were male, 44 were female, and 2 preferred not to say.
- Nearly all of the 54 participants stated that they felt comfortable talking to someone about suicide following the QPR training.
- Additionally, 17 adults completed Adult Mental Health First Aid.
- An Active Minds Chapter was successfully implemented at Lorain.

Challenges

COVID-19 presented some barriers as QPR could not be presented in-person until June of 2022, which delayed the instructors completing their training.