



# WORKSHOPS ACT NOW!



# OUR UNIQUE APPROACH

## OUR MISSION

2nd Act is a collective of artists in recovery which uses theatre, film and drama therapy to address the impact of substance use. Together we empower diverse and inclusive communities to promote understanding in the face of stigma.

## A CATALYST FOR GROWTH

2nd Act's workshops are led by a team of professional actors and artists in long-term recovery. This program aims to create a safe, positive, and trauma-informed learning environment where participants feel connected, seen, and validated.

Our evidence-based techniques foster connection, self-expression, and positive change. We believe that art has the power to transform lives, and we are committed to providing people with the tools they need to thrive.



# Improv-Based Workshop Curriculums

## SUBSTANCE USE PREVENTION

- Examine the effects of substance use on individuals, families, and communities.
- Identify risk factors & peer influence
- Debunk stereotypes & harmful stigmatizing language
- Develop tools and identify resources support peers struggling with substance use disorder

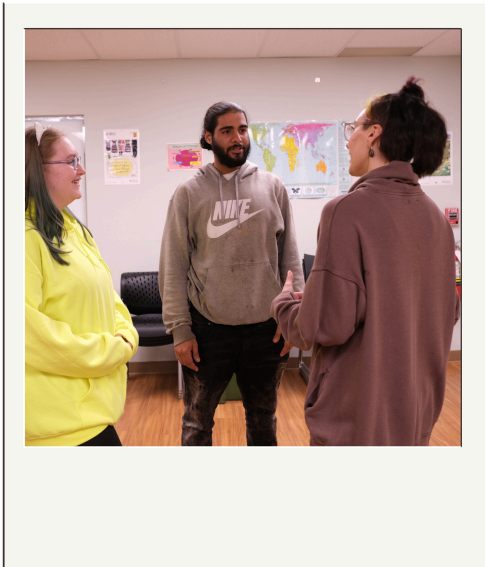


## SOCIAL EMOTIONAL LEARNING

- Develop core SEL competencies:
  - Self-awareness
  - Self-management
  - Social awareness
  - Relationship skills
  - Responsible decision-making
- Enhance, communication, public speaking, and creativity
- Process challenges and practice coping skills through role-play
- Strengthen support systems



# FEEDBACK



**"2ND ACT HELPED ME  
FIND MY VOICE AND  
BUILD CONFIDENCE."**

**- PARTICIPANT TESTIMONIAL**

When asked if they are comfortable talking to and getting help for a friend who is struggling with drug use, **85% of respondents agreed or strongly agreed.**

When asked how confident they felt in applying the workshops skills to managing their emotions and handling real-life conflict, **89% of respondents reported feeling confident or very confident.**

## DURATION

- Typically 50-80 minutes per session.
- Series range anywhere from one-time workshops, to multiple weeks, to year-round programs.

## PRICING

\$650 per workshop\*

\*Ask us about grant funding opportunities!



BOOKING QUESTIONS?  
Contact Us!  
[outreach@weare2ndact.org](mailto:outreach@weare2ndact.org)



**WE THANK YOU**  
**FOR YOUR CONTINUED SUPPORT IN**  
**OUR PROGRAMS**