



Ohio Program for Campus Safety and Mental Health

Campus-Community Collaborative Grant

Grantee Summary

Central State University

The purpose of these grants is to promote collaboration between college/university and community stakeholders to develop programming to prevent suicide, promote mental health and reduce stigma about mental illness or its treatment on campus.

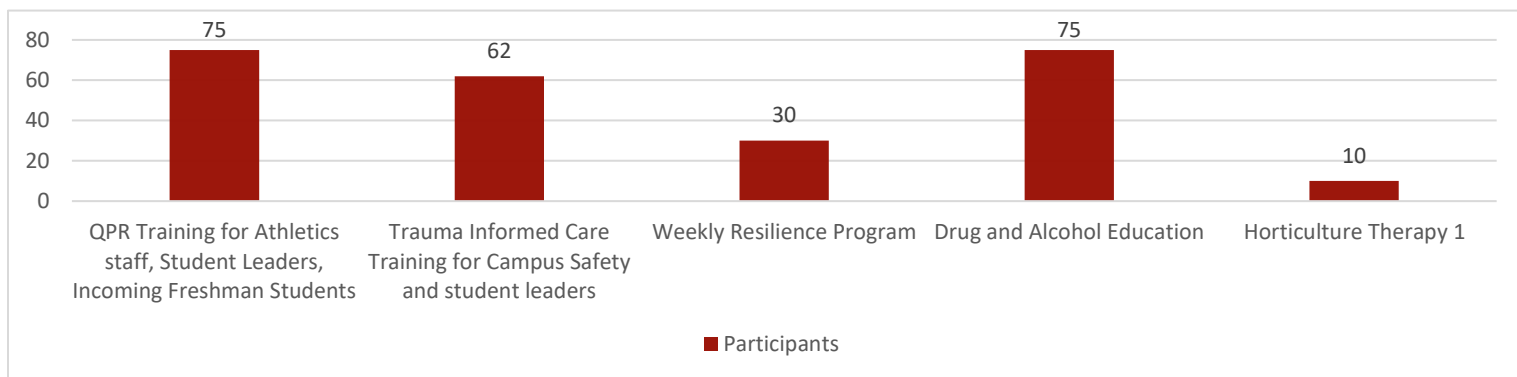
PROGRAM OVERVIEW

Central State University (CSU) will collaborate with Wilberforce University (WU) on mental health related activities. CSU will support WU in establishing a NAMI on campus student organization. Both universities will work together to produce the *Healing Through Expression* theater production. In addition, students from WU will be invited to receive the QPR Suicide Prevention Training and Trauma Informed Care Training. CSU will collaborate with NAMI to support the University's mental health programs. CSU has a *Remove the Stigma Initiative* that has helped to increase individuals seeking counseling services, which is the specific need that this proposal addresses. It will also allow for creative and innovative approaches specifically, using expressive modalities to healing.

The proposed program will address suicide prevention efforts by offering QPR to incoming students and targeted residence halls. Students who are certified to provide the training will work with student leaders to provide the trainings in residence halls and other student organization sites. The proposed program will also incorporate various modalities, specifically using artistic expression to promote healing.

OUTCOMES

The graph below depicts the number of participants trained in the below categories



Partnerships

- B Well – Mental Health Trainings
- Jerome West - Envision
- Agriculture Department/Horticulture Intervention
- Charlton and Charlton – Trauma Informed Life Coaching
- Breaking Free To Be – Sexual Assault Prevention Education

Additional Data

- 1 student mental health advocate trained a QPR Gatekeeper
- 4 student mental health advocates to provide training to peer
- 3 CSU Mental Health Advocates met with approximately 10 students at Wilberforce University to assist with developing a NAMI on Campus Chapter
- 2 NAMI on Campus mental health advocates met with WU Dean of Students to establish plan of action for developing NAMI on Campus Chapter
- T-shirts to promote mental health awareness