OHIO PROGRAM *for*
CAMPUS SAFETY & MENTAL HEALTH
A NEOMED CCoE

2026-2027 OPCSMH Webinar Series

OCTOBER 28TH, 2026

12:00PM EST-1:00PM EST

Supporting Healthy Relationships in College

Navigating relationships in college can bring opportunities for connection, growth, and self-discovery, as well as challenges with communication and boundary-setting. This webinar will explore the foundations of healthy relationships for emerging adults, including mutual respect, trust, communication, and emotional safety. Participants will learn practical strategies for establishing and communicating personal boundaries, recognizing unhealthy relationship dynamics, and accessing campus and community resources. Faculty and staff will also gain insight into how to recognize when students may be experiencing relationship challenges and connect students with appropriate support. Together, these strategies aim to foster a campus-community that promotes healthy relationships and supports student well-being.

Speaker:

Ellianna Crumley, Victim Advocate, TownHall II

CEUs are available!

Northeast Ohio Medical University designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Northeast Ohio Medical University is a Provider for the Ohio Board of Counselors, Social Workers and Marriage/Family Therapists, and a Provider with Ohio Psychology Association.

Please contact opcsmh@neomed.edu with any questions you may have.

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