

Best Practices in Schizophrenia Treatment (BeST) Center

EXPANDING SOLUTIONS for TREATMENT of PSYCHOSIS

The Best Practices in Schizophrenia Treatment (BeST) Center is a NEOMED Coordinating Center of Excellence devoted to improving the lives of as many people who experience psychosis as possible. By training and consulting with providers, we accelerate the adoption of evidence-based and emerging best practices. When individuals affected by psychosis receive specialized treatment, many can and do recover. The BeST Center trains in six program areas that educate, integrate and innovate mental health treatment.

EDUCATE

Providing consultation and training for clinicians working with people who experience psychosis to identify/ intervene early, build recovery-oriented skills, engage family/other supports, and integrate health care.

INTEGRATE

Promoting state-of-the-science solutions that integrate primary care, mental health care and addictions treatment for improving the health and quality of life of people with psychiatric and physical conditions.

INNOVATE

Advancing skills of the behavioral health workforce through training and consultation with programs like focused learning communities and Project ECHO at NEOMED.



Our Growing IMPACT

Elevating Training, Exploring System Change, and Enhancing Recovery

PROGRAMS

FIRST Coordinated Specialty Care for First Episode Psychosis - Early identification and treatment of psychosis has been shown to lead to a faster, more complete recovery. A FIRST team uses a coordinated approach that combines elements known to help individuals with their recovery. Through public education and outreach, FIRST teams help people recognize early symptoms and ultimately decrease the duration of untreated psychosis.

Cognitive Health - Cognitive symptoms can interfere with recovery as much as psychosis/mood. Cognitive health/ remediation teaches individuals to apply strategies that target symptoms such as memory, attention, information-processing, problem-solving, and social cognition.

Cognitive Behavioral Therapy for Psychosis (CBTp) - Using a person-centered, recovery-oriented, collaborative, structured and evidence-based approach for helping individuals who experience psychosis. The goal is to mentor the workforce in how to provide individuals experiencing psychosis with tools and methods to help them cope and gain some control over persistent psychotic symptoms.

Family Education and Support - Families and care partners are vital members of the recovery team and benefit from psychosis education, support, and skills practice. The BeST Center offers training and consultation in an array of family-based services.

Integrated Primary and Mental Health Care - Education and training to promote the delivery of integrated primary, mental health and/or addictions treatment in all medical treatment.

Pharmacotherapy for Schizophrenia - Train clinicians to build awareness and inform decision-making to apply multiple treatment approaches to multiple schizophrenias.

Project ECHO - Interprofessional learning communities of practice that follow a model that includes an area of shared interest, a virtual space to participate in learning, and a practice of building knowledge.

13

FIRST Teams

provide treatment for first episode psychosis across 23 Ohio counties

500

Ohio providers trained in CBTp informed strategies

5

ECHO programs reaching over 700 participants across the country

What is a coordinating center of excellence?

A coordinating center of excellence identifies, disseminates, and supports the implementation of evidence-based and emerging best practices for a specific topic or population. Its role is to improve service delivery, promote best practices, drive system change (often by connecting different partners), and ultimately disseminate and support implementation and sustainability.

The BeST Center serves as a national model for disseminating state-of-the-art programs and practices that promote recovery and improve the lives of individuals who experience psychosis — as well as the lives of those around them. Our work aims to transform the lives of individuals with schizophrenia by addressing the gap in access to effective treatment. We achieve this by offering tailored training and resources to both individuals and organizations dedicated to supporting those living with schizophrenia.

CONTACT

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