

Effective Community-Based Responses to Mental Health Crisis: A National Curriculum for Law Enforcement

Based on Best Practices from CIT Programs Nationwide

40-hour Curriculum Matrix | Based on University of Memphis CIT Matrix

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00	M1 Administrative Tasks: Welcome & Overview	M8 Mental Health Didactics: Personality Disorders	M10 Mental Health Didactics: Disorders in Children, Youth, and Adolescents	M17 Mental Health Didactics: Post-Traumatic Stress Disorder	M21 De-Escalation: Scenario-Based Skills Training
8:30	M2 Research & Systems: CIT Overview				
9:00	M3 Mental Health Didactics: Schizophrenia, Psychotic, & Bipolar Disorders	M9 Mental Health Didactics: Neurodevelopmental & Neurocognitive Disorders	M11 Mental Health Didactics: Psychopharmacology	M18 Mental Health Didactics: Suicide	
9:30			M12 Mental Health Didactics: Assessment, Commitment, & Legal Considerations		
10:00		Site Visits		M13 Law Enforcement: Policies & Procedures	
10:30	M4 Mental Health Didactics: Depressive Disorders	M14 Law Enforcement: Liability & Other Issues	M19 Community Support: Community Resources		M22 Law Enforcement: Incident Review
11:00					
11:30	Administrative Tasks: Lunch				
12:00					
12:30					
1:00	M5 Mental Health Didactics: Substance-Related and Addictive Disorders	Site Visits	M15 Community Support: Veterans & Homelessness	M20 De-Escalation: Scenario-Based Skills Training	M23 Community Support: Advocacy
1:30					
2:00	M6 Mental Health Didactics: Disruptive, Impulse-Control, & Conduct Disorders		M16 De-Escalation: Scenario-Based Skills Training		
2:30					
3:00	M7 Community Support: Advocacy, Cultural Awareness & Diversity		M24 Research & Systems: Evaluation		
3:30		M25 Administrative Tasks: Graduation & Presentation of Certificates			
4:00					
4:30					
5:00					