# **2021 Trainings**

#### **40 Hour CIT Academies**

- 1) Winter: Feb. 4,11,18,25, March 4
- 2) Spring: April 29, May 6,13,20,27
- 3) Summer: July 19 through 23rd
- 4) Fall: Oct. 14, 21, 28, Nov. 4, 11

#### Advanced Trainings—4 or 8 Hours

**De-escalation Refresher Course** 

Recognize and Respond to Autism

PTSD and Trauma

**CIT for Dispatchers** 

To Register Contact:

David M. Olds, CIT Coordinator

Cell: 419-334-2054

Email: dolds@namissw.org

www.citnwohio.namissw.org

## **Partners**







COMMUNITY COLLEGE

# Il Ohio HEALT



# For More Information Contact:

428 Croghan Street Fremont, OH 43420

Office: 419-334-8021 Email: dolds@namissw.org

# **NORTHWEST OHIO**

# **CIT PROGRAM**

## Seneca, Sandusky, Wyandot,

#### Erie, Ottawa, Huron





CIT—more than just training

It is a COMMUNITY program.

www.citnwohio.namissw.org

#### **Crisis Intervention Team**

#### CIT—Who We Are

The Crisis Intervention Team (CIT) Model is a solution focused community response to helping people in a mental health crisis. CIT programs bring stakeholders together from the law enforcement, behavioral health and advocacy sectors, along with people with lived experience with mental illness, to develop solutions for safely re-directing people in crisis away from the judicial system and into the health care system whenever appropriate.

#### **Benefits of CIT Program**

CIT is a Safety Course that gives you more tools to safely and effectively de-escalate a crisis situation. CIT also:

- Improves community relationships
- Improves crisis response to an altered mental health status call
- Reduces arrests and use of force
- Reduces officer/citizen injuries
- Reduces liability
- Cost savings by more efficient use of criminal justice and community resources

#### **Northwest Ohio**

## **Training Center**

Terra State Community College 2830 Napoleon Road Roy Klay Hall, Room A 102 Fremont, Ohio 43420

NAMI SSW and Terra State Community College partnered in establishing the Northwest Ohio Crisis Intervention Team Training Center to increase training opportunities in the region for law enforcement, first responders and other individuals in need of crisis intervention and de-escalation skills. A Certified CIT officer completes 40 hours of training covering a variety of topics including:

- Recognizing symptoms of psychiatric substance use disorders
- Practical de-escalation techniques to increase officer safety
- Special topics including Autism and trauma in children
- Legal cases related to mental health and substance abuse
- PTSD and suicide in the ranks
- Live role playing techniques

#### **CIT PROGRAM**

#### **Core Elements**

The core elements of the Memphis Model of CIT first responder training include:

- 1) 40 hours of in-classroom training
- 2) Training to recognize and respond to a mental health crisis
- 3) Improve Tactics and De-escalation Skills
- 4) Practicum
- 5) Develop Community Partnerships
- 6) Data Collection
- 7) Advanced Training Opportunities
- 8) CIT Champion Award

### Join the TEAM

CIT academies are held throughout the year in one week and weekly formats. CIT training is open to all law enforcement, first responders, dispatchers, corrections officers and probation officers. There is no cost for this training opportunity.

